

DOLCE
HOTELS AND RESORTS™
LA HULPE BRUSSELS

CINQ MŌNDES
SOINS DU SPA

FEBRUARY 2009
Opening of the new
CINQ MONDES SPA
in DOLCE LA HULPE BRUSSELS

SPA CINQ MONDES in DOLCE LA HULPE
Brusselsesteenweg 135
1310 Terhulpen, Belgium

Rituels de Beauté du Monde®



February 2009
DOLCE LA HULPE BRUSSELS
opens its new spa (800 sqm) in a unique setting
overlooking the Sonian Forest.

A unique location for a unique spa: DOLCE LA HULPE BRUSSELS

In the heart of the natural beauty of the Sonian Forest, within a stone's throw of Brussels, the capital of Europe with its rich cultural diversity, lies the 4* Hotel & Resort DOLCE LA HULPE BRUSSELS. Feel the need to escape the hustle and bustle of the city and enjoy the peace of nature and a unique journey of the senses? Why not book a stay at DOLCE LA HULPE BRUSSELS? Find a new inner balance in the heart of the forest, in all peace and serenity, away from the stress of daily life.



As you walk into the hotel, you will immediately realise how DOLCE LA HULPE BRUSSELS makes the difference. Space is sacred and the hotel's architecture is in perfect harmony with the tall trees of the surrounding forest. The reception area is so much more than a lobby. It feels more like entering the hall of a spacious, modern home. The *Badian* lobby bar has a cosy feel, with its fireplace, seating area/library with modern furniture, bright atmosphere with changing colours and lounge music, which truly reflects the hotel's theme. As you can see, a feast for all your senses.

We sought inspiration in the Sonian Forest. Consequently, our chef Pascal Marcin wanted to put this special place in the limelight in the gourmet restaurant *Tree O*, a name which refers to the forest surrounding the hotel and the concept of the menu. Every dish is prepared in three different ways with the same ingredient and all the aromas blend into a bouquet with subtle forest flavours. The walls are decorated with five silk screen prints by Belgian artist Jean-Michel Folon bearing the name *Je vous écris...* (*I write to you...*). New York, China or Florida... magical places which make you drift off and prepare your mind for subtle culinary discoveries. The many tree species which determine the beauty of the Sonian Forest are reflected in Pascal Marcin's fusion cuisine. Season after season, the scents and colours of the forest contribute to the ever-surprising new menu.

DOLCE LA HULPE BRUSSELS, with its unique location, offers a vast range of leisure facilities for guests staying one day or longer. An indoor pool, sauna, Turkish bath, fitness centre, tennis and volleyball courts, a jogging and mountain bike track in the 72 ha of surrounding forest, the La Hulpe castle and the Folon Foundation... a world of possibilities to relax and unwind. The CINQ MONDES SPA will make grateful use of this scenery to treat our guests to inspiration and relaxation.

CINQ MONDES, expert in spa treatments



The founder of the CINQ MONDES spas is Jean-Louis Poiroux, who has a passion for massages, aromatherapy and cosmetics. He travelled the world for ten years in search of the best treatments and massages. Consequently, with all his knowledge and know how, he was just the man to open the first CINQ MONDES SPA in Paris in 2001. At the same time, he created a cosmetics line, which he called Beauty Rituals of the World®.

Today CINQ MONDES has branches in 20 countries, prestigious spas offering an amazing range of treatments and wellness packages. Quality, authenticity and rituals are the threads running through this concept: Ayurvedic massages and Aromas and Flowers Japanese baths, among others, invite you for a true voyage of the senses (Voyage Sensoriel®).

CINQ MONDES, a quality label, now also available in Belgium

CINQ MONDES aims to develop city or destination spas in unique, prestigious locations in France and worldwide, always with that same attention to detail and respect which earned CINQ MONDES the title of third best European spa in March 2008* and a label as one of the “Leading Spas of the World” in June 2008**. CINQ MONDES opened its doors in DOLCE LA HULPE BRUSSELS and invites all Belgians to discover its relaxation wellness.

()Condé Nast Traveller ranking, March 2008, for the Cinq Mondes Spa at the Beau Rivage Palace, Lausanne*

*(**)June 2008 ranking, for the Cinq Mondes Spa at the Beau Rivage Palace, Lausanne*

Age-old rituals, highly advanced cosmetology



CINQ MONDES creates its cosmetic preparations and treatment protocols in close collaboration with renowned experts: doctors, instructors and cosmetologists from all over the world (India, China, Japan...) to guarantee the best treatments, in line with the requirements of a professional service.

Beauté du Monde® recipes

The CINQ MONDES cosmetics are all the result of age-old recipes, specifically adapted for use in professional CINQ MONDES SPA treatments. Guests can use these products to successfully continue their spa experience at home.

Advanced cosmetics:

To enjoy the pleasure of the CINQ MONDES preparations and guarantee the perfectly harmless effects of the recipes of the original plant-based products, these cosmetics are prepared under the supervision of a pharmacist.

Five principles are applied to the preparation of our product formulas, which:

1. are dermatologically tested,
2. contain no silicone,
3. contain no artificial colourings,
4. contain no animal ingredients,
5. contain no mineral oils.

These strict principles form an integral part of the philosophy behind the preparation of the CINQ MONDES cosmetics. Our cosmetic preparations are developed with respect for the age-old principles they are based on. We resolutely chose not to include the petrochemical active ingredients used in industrial cosmetics – such as silicone and mineral oils – in the preparation of our products. These ingredients leave behind a layer which seals the skin, preventing it from breathing and absorbing the natural active ingredients.

CINQ MONDES SPA in DOLCE LA HULPE BRUSSELS, ultimate peace in the heart of the Sonian Forest.



With its CINQ MONDES SPA, DOLCE LA HULPE BRUSSELS wants to offer its guests a unique wellness experience, for an hour, a day, a weekend or longer. Step into the universe of the CINQ MONDES SPA and start your journey of the senses, which will transport you into a world of serenity and relaxation.

Away from the hustle and bustle of the city, the CINQ MONDES SPA in DOLCE LA HULPE BRUSSELS will offer you the opportunity to live a unique wellness experience. Precious materials, such as stone and wood, reflect the surrounding nature and contribute to the spa's warm atmosphere. The private treatment rooms are the ideal setting for every guest who wants a private moment to unwind, away from the city and stress. The result: mind and body are reborn – which everyone longs for nowadays – and offer new vitality and balance.

Jean-Louis Poiroux travelled the world for ten years in search of the best treatments, massages and age-old rituals to apply them to our contemporary environment. The Aromas and Flowers Japanese bath, exclusive to CINQ MONDES, is a perfect example of his care in offering us the opportunity to savour the richness and depth of the Beauty Rituals of the World®. This treatment is both a ritual and a ceremony. Immersing the body in a wooden red cedar bath was directly inspired by the O-Furo tradition, the traditional Japanese bath. Essential oils and petals are added for a unique effect on the body and the mind.

In a refined, contemporary atmosphere, the CINQ MONDES SPA in DOLCE LA HULPE BRUSSELS offers you 800 sq.m. of wellness, including a reception area, six treatment rooms, an Aromas and Flowers Japanese bath, a massage bath, two rooms for Hand and Footcare, a large Turkish bath with four scrub tables, a double VIP room with a fenced terrace for a Bliss for Two Ritual and a relaxation area overlooking the forest. The double VIP room is a space designed to welcome two persons, with a double Japanese bath, two massage tables and a private terrace. The ideal opportunity to relax together and discover a world of different sensations.

Fun gift ideas to share

Let others discover this spa experience with the CINQ MONDES Gift certificate

With the CINQ MONDES Gift certificate, you can let friends and family enjoy a wonderful relaxing moment with a vast range of face and body treatments. A unique and exclusive combination of rituals and the wellness of original, natural cosmetics. Every invitation is personal and customised. Guests can thus freely compile their treatment according to the chosen period and the selected date.



These gift certificates are valid for one year and can be combined with a stay at the hotel or a meal at the first-class restaurant Tree O or the Argan restaurant. The ideal way to top up the rich blessings of the spa with a culinary discovery or lavish, healthy and balanced buffets.

Give this unique and prestigious gift – valid for one year – to all who deserve it!

DOLCE LA HULPE BRUSSELS and the CINQ MONDES SPA give you the opportunity to offer a membership to one of your loved ones. For a year, this lucky person will benefit from privileged access to the CINQ MONDES SPA in DOLCE LA HULPE BRUSSELS, the swimming pool, the Turkish bath, the sauna and the fitness centre, apart from enjoying lots of other special services, such as:

- any one-hour complimentary treatment and access to exclusive activities,
- 5 % discount on all *à la carte* CINQ MONDES treatments, as well as booking facilities,
- the possibility to invite twelve people for one day, with access to the swimming pool, sauna, Turkish bath and fitness centre for all,
- free access to the hotel's outdoor activities (tennis, hiking and mountain bike tracks),
- 10% discount on the proposed rates at the restaurant and the hotel bar, as well as on the room rates.

And so much more...



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About Dolce Hotels and Resorts

Dolce Hotels and Resorts, formerly Dolce International, is a unique global hospitality company specializing in delivering an exceptional meetings experience by providing the most hospitable environments for people to meet and learn. Whether for business or leisure, distinctive elements inspire the most productive meetings, events and celebrated experiences. Dolce integrates superior cuisine and amenities, facilities with state-of-the-art technology, and a community of passionate, intuitive associates to remain at the forefront of the hospitality industry with 23 unique properties in the U.S., Canada and Europe.

Dolce's **Hotel and Resort** portfolio includes properties such as Dolce Chantilly in the Paris area, Dolce Frégate Provence, Dolce La Hulpe near Brussels, Dolce Bad Nauheim near Frankfurt, Dolce Sitges in the Barcelona area and Dolce Hayes Mansion in San Jose, California. The company's **Conference Hotels** feature properties such as Dolce BallhausForum Munich, IBM Palisades Center in Palisades, N.Y., American Airlines Training & Conference Center in Fort Worth, Texas and The William F. Bolger Center in Potomac, Md. Every property meets International Association of Conference Centers standards and is equally lauded by organizations such as AAA, Mobil, MICHELIN ® guide 2008 and Meeting Professionals International. Well-suited for leisure travelers, many Dolce destinations offer spas, championship golf courses and workout facilities. Founded in 1981 by Chairman & Managing Director, Andy Dolce, the company is headquartered in Montvale, New Jersey and Paris, France. Majority-owned by Broadreach Capital Partners, Dolce has approximately 4,000 employees worldwide. Visit www.dolce.com