

CINQ MŌNDES

SOINS DU SPA

THE CINQ MONDES SPA, POOL AND FITNESS SUITE (1200M²)
at DOLCE LA HULPE BRUSSELS

The only Well-Being and Fitness complex of its kind in Belgium.

Beauty Rituals of the World®



A UNIQUE COMPLEX: THE CINQ MONDES SPA, POOL, FITNESS SUITE

Deep in the heart of the Forêt de Soignes, just outside Brussels, the CINQ MONDES Spa at DOLCE LA HULPE BRUSSELS offers a refuge from the bustle of city life where you can regain a sense of inner calm.

WELL-BEING AT THE CINQ MONDES SPA

The Dolce La Hulpe Brussels CINQ MONDES Spa offers the best selection of treatments and massages from around the world, marked by quality, authenticity and a sense of time-honoured ritual.

6 Treatment Rooms, 1 Aromas and Flowers Japanese Bath, 1 Massage Bath, 2 Hand and Foot Treatment Suites, 1 Grand Hammam Suite with 4 heated body scrub tables... all take you on our unique Sensorial Journey.

The Spa can also accommodate two-person treatments, in a double VIP Treatment Suite with double Japanese Bath and private terrace overlooking the garden, to provide a unique shared well-being experience.

POOLSIDE RELAXATION

The 15m indoor pool is heated to 28-29C° and has adjoining sauna and hammam areas, allowing you to continue to relax and enjoy your day with us at your own pace bathed in an atmosphere of perfect tranquillity.

SPORTING AND WELLNESS ACTIVITIES

A cardio-fitness suite, Tai Chi classes, tennis courts, running and mountain biking routes and fitness trail in the surrounding 72ha of forest all offer a wide range of opportunities to get out and about and recharge your batteries.



MANY ADVANTAGES AND PRIVILEGES



1. LIMITED CLUB MEMBERSHIP NUMBER (300) ensures your well-being and tranquility.
2. PRIVILEGED ACCESS to fitness and well-being activities throughout the year:
 - SPA : Priority booking for treatments from Monday to Friday.
 - THE FITNESS SUITE, the POOL, SAUNA, HAMMAM.
 - TAI CHI LESSONS, upon reservation and availability.
 - OTHER SPORTS ACTIVITIES: outdoor tennis courts, the fitness trail and jogging and mountain biking tracks in the forest.
 - A MOUNTAIN BIKE and helmet are provided along with a map of the trails.
3. PRIVILEGES TO THE SPA:
 - A FREE ONE-HOUR TREATMENT to help you discover the benefits of CINQ MONDES treatments.
 - 10% REDUCTIONS* on the price of CINQ MONDES products and treatments**.
 - 5 DISCOVERY INVITATIONS for a 30-minute treatment session to introduce friends and family to the benefits of the CINQ MONDES Spa. A CINQ MONDES gift set when one of your friends or family subscribe to a membership.
 - FREE USE of the CINQ MONDES SPA HAMMAM.
 - Preview presentations of all new CINQ MONDES treatments and products.
4. ACCESS TO PRIVATE, members-only OUTDOOR PARKING.
5. THE OPPORTUNITY TO SUSPEND MEMBERSHIP FOR UP TO A MONTH, giving you the chance to relax and make the most of your holidays.

And,

6. THE PRIVILEGE TO INVITE UP TO 12 GUESTS per year to visit the pool, sauna and hammam and the fitness suite.
7. 10% PRICE REDUCTIONS* on four-star Hotel guest rooms and at the hotel's restaurants and bars.
8. ACCESS TO 4 WORKSHOPS given throughout the year which promote the art of better daily living.

Advantages upon presentation of your membership card.

* not available in conjunction with any other promotional offers.

** from Monday to Thursday 11 am to 8 pm, Friday 11 am to 5 pm and Sunday 3 pm to 7 pm. Free Access to the CINQ MONDES Spa Hammam upon availability.

DOLCE
HOTELS AND RESORTS™
LA HULPE BRUSSELS

CINQ MONDES Spa at DOLCE LA HULPE BRUSSELS
135, Chaussée de Bruxelles - 1310 La Hulpe - Belgium
Tel: +32 (0)2 290 99 01

www.dolcespa.be